

Nahant Community



Summer 2021 Registration



Sally Zagnoli, USPTR, will instruct the following programs at The Nahant Country Club Tennis courts,

NO MEMBERSHIP REQUIRED

Kids Classes run Monday thru Thursday, Friday will be for rain makeup's.

Each class will start with strength & conditioning, hand-eye coordination exercises, skills, drills, and finish with match play. The following skills will be developed: forehand, backhand, volley, serve, basic rules, scoring, game play, strategy and code of conduct.

PLEASE wear: a mask, sneakers, sunscreen, a hat and bring a water bottle.

If you have any questions or concerns **contact Sally** at: (781) 732 - 7816

email: salpal777@icloud.com

🎾 **“Munchkin Tennis” (5 - 7 yrs old) starts @ 8:00am – ends 9:00 am**

🎾 **“Junior Future Stars” (8 – 11 yrs old) starts @ 9:15 – ends 10:15am**

🎾 **“Super Stars” (12 yrs & up) starts @ 10:30 – ends 11:30**

FEE: 2 days a week: \$24, Three days a week: \$36, Four days a week: \$48

Week 1: June 21 -25, **Week 2:** June 28 – Jul 2, **Week 3:** July 5 - 29, **Week 4:** July 12 – 16, **Week 5:** July 19 – 23, **Week 6:** July 26 – 30, **Week 7:** Aug 2 – 6, **Week 8:** Aug 16 – 20.

🎾 **Family and or Adult Drills:** *We will focus on forehand, backhand, volleys, serves, rules, scoring, strategy and match play.* **Beginners** (for those who have never had a formal lesson), *intermediate: sharpen your skills and work on doubles strategy & formation, scheduled upon request, Friday mornings (providing no rain make ups) and or Wednesday afternoons.*

Please complete form below and mail it with **a check payable to: Nahant Country Club**

Mail to: Sally Zagnoli 7 Greystone Rd, Nahant MA 01908 (memo youth tennis)

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Participants Name	age	program	weeks
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Parent/Guardian: _____

Cell phone: _____ email: _____

Emergency contact: _____ phone: _____

Allergies or medical conditions _____

